

CONFERENCE At-A-Glance
Center for Recreation and Sport Building
Seventeenth Annual HealthNets Conference
October 24, 2018

7:30 – 8:00	Registration/Continental Breakfast	Campbell Lounge
8:00 – 8:15	OPENING REMARKS	Campbell Rooms 1-4
8:20 – 9:05	FIRST GENERAL SESSION	Campbell Rooms 1-4

Overview of Mental Health Education Literacy

- Theoretical overview of behavior change
- Traditional (teacher led) vs Student Centered Practices
- Differentiated Instruction vs Lesson Modification
- Resources

9:10 – 10:20	SECOND WORKING SESSION	Campbell Rooms 1-4
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Assessments, Lessons, and Objectives

- Backward Planning
- Authentic Assessments – formative and summative
- Unit Plans – functional knowledge based and skill based
- Lesson Plans – cognitive and affective objectives and skill progressions
- National and State Standards

10:30 – 11:50	THIRD WORKING SESSION	Campbell Rooms 1-4
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Tried and True Lessons

- Use a bank of lessons and adapt them to be skill based
- Create a mental health education literacy unit

11:55 – 12:55	SNACKS AND GENERAL SESSION RECAP	Campbell Rooms 1-4
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Asset Based and Health Literate: How often do our lessons:

- Use functional health knowledge to help students adopt and maintain healthy behaviors
- Use health-related skills to help students adopt and maintain healthy behaviors
- Aid students in the development of beliefs and norms to help them adopt and maintain healthy behaviors

12:55 – 1:05	CLOSING AND EVALUATIONS	Campbell Rooms 1-4
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Closing Remarks and Certifications of Attendance and Evaluations