

CONFERENCE At-A-Glance
University Center
Seventeenth Annual HealthNets Conference
November 6, 2018

7:30 – 8:00 Registration/Continental Breakfast Rooms 212-214

8:00 – 8:15 OPENING REMARKS Rooms 212-214

8:20 – 9:05 FIRST GENERAL SESSION Rooms 212-214

Overview of Mental Health Education Literacy

- Theoretical overview of behavior change
- Traditional (teacher led) vs Student Centered Practices
- Differentiated Instruction vs Lesson Modification
- Resources

9:10 – 10:20 SECOND WORKING SESSION Rooms 212-214

Assessments, Lessons, and Objectives

- Backward Planning
- Authentic Assessments – formative and summative
- Unit Plans – functional knowledge based and skill based
- Lesson Plans – cognitive and affective objectives and skill progressions
- National and State Standards

10:30 – 11:50 THIRD WORKING SESSION Rooms 212-214

Tried and True Lessons

- Use a bank of lessons and adapt them to be skill based
- Create a mental health education literacy unit

11:55 – 12:55 SNACKS AND GENERAL SESSION RECAP Rooms 212-214

Asset Based and Health Literate: How often do our lessons:

- Use functional health knowledge to help students adopt and maintain healthy behaviors
- Use health-related skills to help students adopt and maintain healthy behaviors
- Aid students in the development of beliefs and norms to help them adopt and maintain healthy behaviors

12:55 – 1:05 CLOSING AND EVALUATIONS Rooms 212-214

Closing Remarks and Certifications of Attendance and Evaluations