

CONFERENCE At-A-Glance
Angello Alumni House, 154 Cambridge Avenue, Garden City
Seventeenth Annual HealthNets Conference
December 7, 2018

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| 7:30 – 8:00 | Registration/Continental Breakfast | Lobby |
| 8:00 – 8:15 | OPENING REMARKS | Main Room |
| 8:20 – 9:05 | FIRST GENERAL SESSION | Main Room |

Overview of Mental Health Education Literacy

- Theoretical overview of behavior change
- Traditional (teacher led) vs Student Centered Practices
- Differentiated Instruction vs Lesson Modification
- Resources

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| 9:10 – 10:20 | SECOND WORKING SESSION | Main Room |
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Assessments, Lessons, and Objectives

- Backward Planning
- Authentic Assessments – formative and summative
- Unit Plans – functional knowledge based and skill based
- Lesson Plans – cognitive and affective objectives and skill progressions
- National and State Standards

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| 10:30 – 11:50 | THIRD WORKING SESSION | Main Room |
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Tried and True Lessons

- Use a bank of lessons and adapt them to be skill based
- Create a mental health education literacy unit

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| 11:55 – 12:55 | SNACKS AND GENERAL SESSION RECAP | Main Room |
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Asset Based and Health Literate: How often do our lessons:

- Use functional health knowledge to help students adopt and maintain healthy behaviors
- Use health-related skills to help students adopt and maintain healthy behaviors
- Aid students in the development of beliefs and norms to help them adopt and maintain healthy behaviors

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| 12:55 – 1:05 | CLOSING AND EVALUATIONS | Main Room |
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Closing Remarks and Certifications of Attendance and Evaluations