

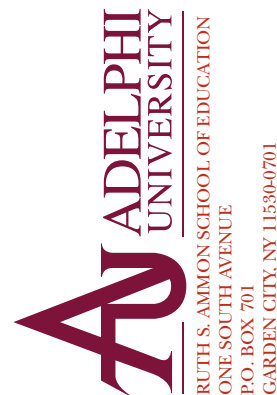
## Keynote Speaker Gregory A. Dale

Gregory A. Dale, Ph.D., is a professor of sport psychology and sport ethics at Duke University. He is also the director of the mental training and leadership program for Duke University's Duke Athletics. A former elementary, middle, and high school teacher in New York City and San Antonio, Texas, he has also written three books related to leadership and performance. In addition, he has written scripts and served as the expert on a series in 11 videos on leadership and performance. Dr. Dale, who has also been featured on *Good Morning America*, MSNBC, Court TV, and numerous national radio programs, is a dynamic speaker who provides interactive, innovative workshops across the country and around the world. His presentation guides the audience through a discussion of what makes teachers effective. The interactive workshop provides professionals with strategies they can use to create an environment where educator credibility is enhanced and student success is realized. Through audience participation and sharing results of research from numerous interviews with credible teachers and their students, Dr. Dale helps participants reflect upon the components of credible teaching.

## Who Should Attend

- Health teachers, physical education teachers, and other teachers
- Graduate and undergraduate students
- Community health educators and other health professionals who work with children and adolescents
- Social workers, nurses, and other healthcare professionals, administrators and chairpersons of health education programs

*Talk to your administrator about using the conference to fulfill professional development hours required in your district.*



Adelphi University

and



Present the

# Seventh Annual Partnerships in Health Conference:

Campuses, Communities, and  
Schools Working Together to Improve  
the Health of Youth

Friday, March 28, 2008

7:30 a.m.–2:45 p.m.

Ruth S. Harley University Center  
Second Floor

[www.adelphi.edu/healthnets](http://www.adelphi.edu/healthnets)



# Conference Agenda

# Registration Form

7:30 a.m.–8:15 a.m.	<b>Registration/Continental Breakfast</b>
8:15 a.m.–8:30 a.m.	<b>Opening Remarks</b> <i>Jean Harris, HealthNets Conference Chair</i> <b>Welcome</b> <i>Dr. Robert A. Scott, President, Adelphi University</i>
8:30 a.m.–9:15 a.m.	<b>Keynote Address:</b> <b>"Credible Teaching: A Model for Developing Teachers Who Change Lives"</b> <i>Gregory A. Dale, Ph.D., Duke University Professor of Sport Psychology and Sport Ethics, Director of Mental Training and Leadership Program, Duke Athletics</i>
9:15 a.m.–9:45 a.m.	<b>Health Education Research Poster Session</b>
9:45 a.m.–10:40 a.m.	<b>First Workshop Session</b>
Session 1A	<b>Another Look at Credible Teaching**</b> <i>Gregory A. Dale, Ph.D., Duke University Professor of Sport Psychology and Sport Ethics, Director of Mental Training and Leadership Program, Duke Athletics</i>
Session 1B	<b>Food Allergies: Successful Outcomes Through Collaborations</b> <i>H.R. "Bob" Perez, Adelphi University</i>
Session 1C	<b>Surviving the Adolescent Hormone Challenge</b> <i>Jessica Famularo, Yonkers School District</i>
Session 1D	<b>Enhancing the Resiliency of Middle School Students</b> <i>Cheryl Bobe, Health Consultant, Mamaroneck, NY</i>
Session 1E	<b>The Heart Links Project: An Innovative Model for School-Based Policy Change</b> <i>Wendy Hildebrant, Stony Brook University</i>
10:45 a.m.–11:40 a.m.	<b>Second Workshop Session</b>
Session 2A	<b>Stress Reduction</b> <i>Heidi Kamvakis, Jericho Public Schools</i>
Session 2B	<b>Vital Signs: Long Island's Mental Health and Applications for the Classroom</b> <i>Sarah Eichberg and Cynthia Proscia, Adelphi University</i>
Session 2C	<b>Walking the Talk in New York State Health Education</b> <i>Heather Bachman, New York State Student Support Center Services</i>
Session 2D	<b>SMART Board Technology</b> <i>Cynthia Howard, Three Village Central School District</i>
Session 2E	<b>Health Smart: A Research-Based Health Curriculum</b> <i>Martha Kaban, Eastern Suffolk BOCES</i>

11:45 a.m.–12:40 p.m.	<b>Third Workshop Session</b>
Session 3A	<b>Alcohol, Tobacco, and Other Drug Prevention Through the Arts</b> <i>Kathleen Flynn-Bisson, Stony Brook University</i>
Session 3B	<b>Another Look at Credible Teaching**</b> <i>Gregory A. Dale, Ph.D., Duke University Professor of Sport Psychology and Sport Ethics, Director of Mental Training and Leadership Program, Duke Athletics</i>
Session 3C	<b>Jason Foundation Inc., Suicide Prevention Program for Adolescents</b> <i>William Ussery, Summit Oaks Hospital, NJ</i>
Session 3D	<b>Activities to Teach High School Mental Emotional Health</b> <i>Susan Denis, Sag Harbor Schools</i>
Session 3E	<b>Get Up to Date With the State!</b> <i>Owen Donovan, New York State Education Department—School Health Education</i>
Session 3 F	<b>Technology Extra Help: Revisiting Basics for Health Educators</b> <i>Anne Gibbone, Adelphi University</i>

12:45 p.m.–1:30 p.m.	<b>Lunch and Networking</b>
1:45 p.m.–2:45 p.m.	<b>Fourth Workshop Session</b>
Session 4A	<b>Bring a Lesson, Get a Bunch: The Lesson Sharing Roundtable</b> <i>Adelphi University Faculty and Conference Participants (Bring 30 copies of your favorite lesson.)</i>
Session 4B	<b>Sex, Drugs, and Hip-Hop</b> <i>Scott Cooper, Ryan Erbe, Clarkstown Central School District</i>
Session 4C	<b>Keeping Kids Safe From Sexual Predators</b> <i>Anthony Zenkus, Coalition Against Child Abuse and Neglect, NY</i>
Session 4D	<b>The ABC's of Over-the-Counter Products/Herbals/Supplements</b> <i>Isabel Burk, The Health Network, NY</i>

Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days' notice is required.

Conference program available March 24, 2008 online at [www.adelphi.edu/healthnets](http://www.adelphi.edu/healthnets)

\*\*This session is presented twice.

Online registration available until 3/25/08 at [www.adelphi.edu/healthnets](http://www.adelphi.edu/healthnets)  
Or, detach and mail this form and your registration fee\* (no cash or purchase orders please) to:

HealthNets  
c/o Dr. M. Homer  
Woodruff Hall  
Adelphi University  
One South Avenue  
P.O. Box 701  
Garden City, NY 11530-0701

**Payment instructions:**

Make check/money order payable to Adelphi University.

\*Registration fees are nonrefundable.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer: \_\_\_\_\_

Job Title: \_\_\_\_\_

CHES #: \_\_\_\_\_

**Please check one:**

- \$90 Registration fee (postmarked by March 3, 2008)
- \$105 Late and on-site registration fee
- \$60 Student registration fee (send photocopy of ID)

No purchase orders will be accepted.  
Registration fee includes continental breakfast and lunch.

HealthNets supports and promotes professional development. Memberships in your zone, state, and national Alliance for Health, Physical Education, Recreation and Dance are encouraged.

**Conference questions?**

Contact: Dr. Jean Harris, Conference Chair  
Telephone: (516) 877-4260  
Email: [healthnets@adelphi.edu](mailto:healthnets@adelphi.edu)

For directions, visit <http://www.adelphi.edu/visitors/directions.php>  
For local hotel information, visit <http://www.adelphi.edu/visitors/stay.php>

Please allow extra time to locate parking during Adelphi's current construction project.